

Roz Zander: How We Define Possibility

Ben tends to be the enthusiastic generator of the experience, the feeling of being in a space of Possibility, I, by contrast, am often the stickler for a more exact definition of Possibility that includes all the downs as well as the ups of life.

So I would tell you this: “POSSIBILITY” (as we define it) is an attitude, a mindset. That mindset is based in the recognition that life is a continual creation, an evolving complex system such that nothing about the future is determined.

Consider this: a friend says “Shall we take a walk today? Instantly there arises in your mind your exercise goal, or a landscape, or the chance to discuss something you haven’t had time for, or alternatively how you don’t have the right shoes for an outing, and life builds from there. All created in the language of a simple question.

And that’s the point. Understanding that life is brought into being in what we say—really understanding that ‘nothing is either good or bad but thinking makes it so’ is the basis of POSSIBILITY as we define it. So, think carefully about what you say, because it has power to alter the world.